

LEARN TO RIDE - ENGLISH

LEVEL 4 RUBRIC

A PRACTICAL HORSE KNOWLEDGE		
No.	Requirements	Evidences
1	Show how to measure a horse.	Use measuring stick.
2	Apply a Stable Bandage to a front and a back leg.	The bandage should go from just below the knee and either wrap to support under the fetlock or a stove pipe wrap maybe used. If bandaging below the fetlock there should be an inverted V centered on the bottom of the front of the fetlock. Masking tape should be used over the Velcro and the tension of the tape should not be greater than the tension of the bandage. Riders must be able to discuss the fit of the materials and the materials should be clean and in good repair. The bandage must end at the top of the leg and the Velcro should be on the outside of the leg.
3	Demonstrate how to take temperature and pulse (heart rate and know the normal value).	
4	Demonstrate restraining a horse with the use of lead shank (with chain).	
5	General Impression <ul style="list-style-type: none"> • Presentation of candidate, overall confidence and awareness of safety. 	

B RIDING PHASE		
No.	Requirements	Evidences
1	Mount and Dismount <ul style="list-style-type: none"> • Mount correctly (from ground or mounting block) Adjust stirrups and girth correctly. • Dismount correctly and cool out. 	
2	Demonstrate jogging a horse in hand as per a veterinarian's assessment (i.e. lameness).	Assessor may assist the horse to trot.

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3	<p>Position</p> <ul style="list-style-type: none"> • Walk, trot and canter in full seat. • Drop and regain stirrups at the trot during warm-up, position at trot rising and sitting (no stirrups) done in a group ride/warm-up. 	<p>All trots will be rising unless specified otherwise.</p> <p>Focus on maintaining position; Focus on a balanced seat and riding with the movement of the horse, not grabbing/pinching with knee, tipping body or dropping toe.</p> <p>At this level riders should demonstrate the ability to sit quietly and use aids independently.</p>
4	<p>Figures</p> <ul style="list-style-type: none"> • Circles: 15M in trot. • Circles: 20M in canter. 	<p>15m circle at trot; the focus is centered around roughly knowing the size – and demonstrating knowledge of bend 20m circle at canter; maintain the canter and reach the tangents.</p>
5	<p>Effectiveness</p> <ul style="list-style-type: none"> • Correct use and effectiveness of independent aids at all paces. • Transitions. 	<p>Focus should be independent use of aids. Reflective of the relaxed, balanced seat of the rider.</p>
6	<p>Flat Test</p> <ul style="list-style-type: none"> • Accuracy and control. • Commitment to arena letters. 	
7	<p>General Impression</p> <ul style="list-style-type: none"> • Overall authority, safety and confidence, rider conduct. • Applicant turnout and horse presentation. 	

C JUMPING PHASE		
No.	Requirements	Evidences
1	<p>Position</p> <ul style="list-style-type: none"> • Gymnastics. • Course. • Release: demonstrate short, medium and long 	<p>Rider should demonstrate a short, medium and a long mane release. If the rider is doing a more advanced release, then this is acceptable if it is done correctly.</p>

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	mane release.	
2	<p>Effectiveness (control and straightness)</p> <ul style="list-style-type: none"> • Gymnastics. • Jump Elements. • Canter a single Fence. 	<p>Control on approach and landing. Focus on ability to ride straight and maintain steady rhythm to a single fence at canter.</p>
3	<p>Requirement</p> <ul style="list-style-type: none"> • Gymnastic – trot into line, counting correctly to second element. 	<p>Gymnastic: cross rail, 15-18' (4.60 m-5.50 m) to a 2' (61cm) vertical. Trot approach to cross rail, then one canter stride to vertical. Maintain jumping position to the cross rail and upon landing. Gymnastic should be set up progressively i.e. starting with the poles. Trot into the cross rail, canter to the second fence, count strides correctly.</p>
4	<p>General Impression</p> <ul style="list-style-type: none"> • Overall confidence, safety, control; rider conduct. 	